

LIFE GROUP DISCUSSION QUESTIONS

1. Verse 1 says “Rejoice in the Lord”. Is that a command or a response? What is the difference between a command and a response and why is that important to understand?

2. What robs you of your joy? How can your joy be restored/made new?

3. What does it look like to be legalistic? What is the difference between godly standards and legalism? What are the standards that you have for yourself that would be considered legalism for someone else and visa versa?

4. What does it mean to worship by the Spirit of God? Is this true of your life today?

5. What does it mean “to put no confidence in the flesh?” Does this describe your life today? How can you (and we) decrease our confidence in the flesh and grow in worshipping God in Spirit?